CURRENT CIGARETTE SMOKING RATES

More than 13 in 100 adults in Knox County

Nearly 20 in 100 adults in Maine

More than 17 in 100 adults in the United States

KNOX COUNTY

ADULT SMOKING RATE

13.6% (MAINE 19.8%)

2nd LOWEST RATE IN MAINE

TOBACCO USE DISPARITIES

Current smoking rates are twice as high among adults with a behavioral health condition.

People with a behavioral health condition are not only more likely to smoke, they also smoke more frequently. They account for 25% of the adult population, but they consume 40% of cigarettes sold in the U.S.
YOUTH AND TOBACCO USE  KNOX COUNTY

USE RATES

Youth Cigarette Smoking Rate

9.5% (MAINE 8.8%)

Youth cigarette, cigar, chewing tobacco, snuff, dip, dissolvable tobacco products use

14.5% (MAINE 13.9%)

Second Hand Smoke Exposure Rate

30.6% (MAINE 31.1%)

Electronic Vapor Product Use Rate

16.7% (MAINE 15.3%)

Vaping with e-cigarettes that contain nicotine can be addictive. In a large study of youth*, those who used e-cigarettes were 2x more likely to start smoking cigarettes within 2 years than youth who never used any tobacco product.

* Nationally representative sample of 10,384 youth, ages 12-17, participating in the Population Assessment of Tobacco and Health (PATH) study

EXPOSURE TO ADVERTISING

Nearly 40% of all Knox County high school students report seeing tobacco advertisements “a lot” in stores.

39.7% (MAINE 42.5%)

References


For more information, please visit www.mainepublichealth.org.

State of tobacco use in Maine fact sheets were generously supported by the Maine Cancer Foundation.