



OPEN PREVIEW

Nourish to Flourish: Cultivating Healthy Communities for Today and the Future

Deadline - Friday, 22nd May, 2026

2026 MPHA Annual Conference

Call for Abstracts

MPHA's annual conference is the largest public health gathering in Maine. This year's conference, *Nourish to Flourish: Cultivating Healthy Communities for Today and the Future*, will explore efforts that nourish and sustain people and communities. Grounded in the foundations of health, *Nourish to Flourish* returns to the basics of public health by centering essential needs like food systems, safety, housing, healthcare, clean air and water, and community as the building blocks of well-being. The conference will showcase initiatives that bring together public health practitioners, community members and leaders, and other partners committed to helping Mainers thrive, now and for generations to come.

We are looking for diverse examples and perspectives on how people in Maine are working to cultivate healthy communities. These may include, but are not limited to: nourishing the body through food systems and physical activity; nourishing the mind through behavioral and mental health initiatives; nourishing communities through affordable housing, public safety, and design; and policy and systems change efforts. We hope to uplift efforts that bolster the foundation for and strengthen the collective work of nourishing people in Maine. All those working or interested in public health are invited to collaborate and participate.

If you have questions about the submission process, please email us:
info@mainepublichealth.org.

Presenting author(s) will attend AND be an MPHA member*

- By checking this box, you understand that if this abstract is accepted for presentation, the presenter(s) MUST be a CURRENT member of MPHA at the time of the conference, and register for the 2026 MPHA Annual Conference, which will be held on Thursday, October 1st, 2026. MPHA members receive discounted conference registration. Scholarships are available for membership and conference registration.

Presentation Type*

For which type of presentation are you applying? *Please select all that apply.*

- Short Oral (25 minutes)
- Long Oral (50 minutes)
- Poster
- Panel (Self-Organized, 50 minutes)
- Please consider me for any of the presentation types.

Title*

Enter the FULL TITLE of your submission. This will be used for printing in the final program.

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Abstract*

Abstracts should be 300 words or fewer, and should include background information, methods, data, results, conclusions and/or next steps. Abstracts do not need to be for research-related projects; all presentations are welcome. It is preferential, but not required, to present data (quantitative or qualitative) to support your work. As you draft your abstract submission, consider asking yourself the following questions:

- What's the issue you're trying to address or solve?
- Where does the "rubber meet the road" (if your presentation is hypothetical or academic, how could it actually play out in a community setting)?
- What comes next? What are action items for attendees coming out of your presentation?

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Provide two (2) to three (3) measurable learning objectives for your presentation. Measurable objectives should begin with an objective verb (e.g., explain, demonstrate, analyze, formulate, discuss, compare, differentiate, describe, name, assess, evaluate, identify, design, list, etc.). Objectives should be written from the learner's perspective and complete this sentence: Learners will be able to:

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Expertise/Experience*

Please share your expertise/experience related to this topic.

Rich text editor toolbar with icons for undo, redo, italic, subscript, superscript, bold, and link.

Authors and affiliations*

You MUST enter the names of ALL authors here - including yourself if you are an author - in the order in which you wish them to appear in the printed text. Names omitted here will NOT be printed in the author index or the final program.

Author

<input type="text" value="First Name*"/>	<input type="text" value="Last Name*"/>	<input type="checkbox"/> Presenting*
<input type="text" value="Degree"/>	<input type="text" value="Email*"/>	

Affiliation 1

+ ADD ANOTHER AFFILIATION

+ ADD ANOTHER AUTHOR

Author Disclosure*

For EACH AUTHOR, please download and submit this Disclosure form, required by our CME provider. **The files can be merged together as a zip file for one upload.** If needed, they can also be emailed to MPHA via: info@mainepublichealth.org.

If you have any questions about completing the form, please don't hesitate to contact us: info@mainepublichealth.org. We are happy to help!

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Author approval*

I confirm that this submission has been approved by all authors

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