



Get Ready Resource & Links Guide

Maine Public Health Association

www.mainepublichealth.org

Get Ready- American Public Health Association

www.getreadyforflu.org

Maine Center for Disease Control and Prevention

www.mainepublichealth.gov

City of Portland

www.portlandmaine.gov/emergencypreparedness.htm

City of Bangor

www.bangormaine.gov/cs_healthwelfare.php

Southern Maine Regional Resource Center

www.smrrc.org

Central Maine Regional Resource Center

www.cmrrc.org

Maine Emergency Management Agency

www.state.me.us/mema

Androscoggin Unified Emergency Management Agency

www.androscogginema.org

American Red Cross of Maine

www.maineredcross.org

National Emergency Preparedness

www.ready.gov/america/npm08/intro.html

Federal Emergency Management Agency

www.fema.gov

Additional Resources if you're pregnant or have young children from the CDC:

www.cdc.gov/Features/Emergencies/Pregnancy-Infants.html