



## ~ October 20th Issue~

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### Absentee Ballots for the Election

In Maine absentee ballots can be obtained 3 months prior to the election (November 7th) and the deadline for submitting completed absentee ballots is 8 PM on November 7<sup>th</sup>. If you're going to be away, be sure to get an absentee ballot and share this information with your friends and family.

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### Open Forum: From Risk to Resilience to Practice: ACEs & Resilience

**November 4, 2006, 8:15 am to 4:30 pm ~ Black Bear Inn, Orono, ME**

Every now and then there is a "once in a lifetime" opportunity that presents itself as a benefit to you personally, your work and your community. Now, five reasons to attend this event:

*More...*

## ***ACE's and Resilience Forum Continued...***

\*Hear Dr. Vincent Felitti present scientific data that he and the Center for Disease Control have published in over 30 peer review articles linking **ADVERSE CHILDHOOD EXPERIENCES (ACEs)** and the health/mental health outcomes of teens and adults;

\*Hear Dr. Emmy Werner (by speaker phone) and Dr. Robert Blum present their research on **RESILIENCE**: its role in preventing ACEs and reducing risk of harmful outcomes

\*Appraise newly developed ACEs and RESILIENCE questionnaires

\* Identify community allies, plan prevention of ACEs and building Resilience, infancy through adulthood

\*Carry back **Three Key Messages** to others in your community ---

--There are 10 ACEs which harm infants, children and teens. Adults appear to be helped, not harmed, by recalling their own ACEs.

--Building resilience, good parenting, good teaching, and preventing ACEs and their harmful impact may be one in the same, from birth throughout adulthood.

--Hundreds of billions of dollars are spent annually paying the costs of chronic disease in adults, in many cases resulting from the ACEs they experienced decades ago. Only a small fraction of that sum is spent to prevent ACEs in the current generation, especially years one through five.

### **Why This Forum is Important to Your Work:**

**The long term cost of DOING SOMETHING**, starting the very first year of life is effective and relatively inexpensive by assisting parents, not blaming them. Hear about accessible and affordable opportunities for our communities at the Forum. Talk about and propose options that might be feasible right now in your own work.

**The cost of "doing little or nothing" about ACEs prevention is very high. Why:** ACEs occur in approximately 60% of the population in every community. ACEs hurt each affected child, affect their family members, have lifelong consequences, and are costly to communities, schools, businesses, and our entire state. **Given the data, it is no longer ethical to ignore ACEs prevention or building protective Resilience factors from the first year of life.**

**The cost of ACEs does not go away.** For many, the cost accumulates year by year given that ACEs have been proven to be a major contributory factor in alcohol abuse, smoking, family violence, depression, illicit drug use, obesity, sexual promiscuity, and suicide.

***More...***

## ***ACE's and Resilience Forum Continued...***

**The consequences of failing to prevent ACEs** means that individuals and society pay dearly in broken health, broken hearts, broken families, broken lives, and economic outflow.

*“Dr. Felitti's presentation provided for me a paradigm shift in my medical thinking unmatched by any other presentation in my now 50 years since medical school entry. I'm expecting that others will gain the same exciting insights?.”* (Dr. Burt Richardson, October 2006)

To register contact Aubrie immediately: [agridleyentwood@aap.net](mailto:agridleyentwood@aap.net)

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## **Antipsychotic Medications Used to Treat Alzheimer's Patients Found Lacking**

Commonly prescribed antipsychotic medications used to treat Alzheimer's patients with delusions, aggression, hallucinations, and other similar symptoms can benefit some patients, but they appear to be no more effective than a placebo when adverse side effects are considered, according to the first phase of a large-scale clinical trial funded by the National Institutes of Health's National Institute of Mental Health (NIMH). The trial, known as the Clinical Antipsychotic Trial of Intervention Effectiveness study for Alzheimer's disease (CATIE-AD), was published in the October 12, 2006, issue of the *New England Journal of Medicine*.

See Press Release: [http://www.nimh.nih.gov/press/catie\\_ad.cfm](http://www.nimh.nih.gov/press/catie_ad.cfm)

For Questions and Answers on the CATIE-AD trial:  
[http://www.nimh.nih.gov/healthinformation/catie\\_alzheimers\\_qa.cfm](http://www.nimh.nih.gov/healthinformation/catie_alzheimers_qa.cfm)

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## **APHA Launches "Get Ready" Campaign to Help Americans Prepare Themselves for Flu Pandemic**

APHA is pleased to inform you about the launch of our new Get Ready campaign. Get Ready will help Americans prepare for a potential influenza pandemic and other emerging infectious disease outbreaks and features a blog, fact sheets and podcasts.

To find out more about the campaign, visit [www.getreadyforflu.org](http://www.getreadyforflu.org).

***More...***

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## 5th Massachusetts & New England Global Warming Action Conference

Brought to you by ~

Massachusetts Climate Action Network

**Sunday, November 19, 8:30 am - 6:00 pm**

MIT's Stata Center, 32 Vassar St, Cambridge, MA

Go to <http://www.massclimateaction.org/conferenceinfo.htm> for more information:

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## Great Board Meetings! Great Results!

**Thursday, November 2, 2006**

8:00 A.M - 12:00 P.M.

(Continental breakfast - 7:30 A.M.)

Have you ever been frustrated by your board's meetings—and what they didn't accomplish? Does it feel as if the meetings are long, and yet you don't seem to have time to finish the agenda? Do you feel stuck in endless reports and aimless discussions? If so, you're not alone. This workshop will give you practical tips for improving the efficiency of your board meetings—and in turn, improve board morale and participation. Here's an effective way to learn the skills needed to run productive meetings—both board and committee.

In addition to numerous practical handouts, participants will receive a copy of the valuable book *Great Meetings! How to Facilitate Like a Pro*, by Dee Kelsey and Pam Plumb (\$29 retail value).

**Registration Fee:** \$85 first person / \$65 additional from same group

**Location:** York County Community College, 112 College Drive, Wells

**Presented by:** Dwyer Vessey, DLV Associates

For complete details, please [visit our website](#).

This workshop is generously sponsored by **Kennebunk Savings Bank**.

***To register, please send a check to us and provide the following information:***

*Your name, nonprofit affiliation, nonprofit title, business, business title, mailing address, phone number, e-mail address, and special needs at the training if applicable.*

*Please send information to Institute for Civic Leadership, P.O. Box 422, Portland, ME 04112*

***More...***

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## **In a Heartbeat ~ Conference**

The Maine Quality Forum invites you to a statewide “In a Heartbeat” conference on **Thursday, November 9**, to improve survival and quality of life for Mainers who suffer heart attacks.

**Purpose:** This conference will bring together ER physicians, nurses, EMS providers, cardiologists, nurse practitioners, physician assistants, and hospital and community health program representatives to adopt a statewide care map that helps ensure that anyone experiencing a heart attack in Maine receives timely, evidence-based care.

**Time:** 12:30-4:30pm ~ **Place:** Augusta, Maine Dept of Safety Building, as well as four regional locations by videoconference:

Calais, ME (Location TBA)  
Penobscot Bay Medical Center, Rockport, ME  
Stephens Memorial Hospital, Norway, ME  
The Aroostook Medical Center, Presque Isle, ME

To register please go to our website at [www.mainequalityforum.gov](http://www.mainequalityforum.gov).

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## **Job Announcement**

### **Assistant Project Director for Community Organizing and Substance Abuse Prevention**

Medical Care Development is accepting applications for Assistant Project Director for Community Organizing and Substance Abuse Prevention. This is a full-time position providing staff support for Portland CMCA (Communities Mobilizing for Change on Alcohol), a coalition of citizens and organizations working to reduce youth access to alcohol by strengthening community policies, practices, and social norms.

The Assistant Project Director for Community Organizing and Substance Abuse Prevention will assist the Project Director in planning, implementation, evaluation, and reporting activities. Job responsibilities include:

- Community organizing and coalition-building to expand membership and leadership among key stakeholder groups.
- Planning and facilitating subcommittee & partnership meetings to guide project implementation around priority areas for environmental change.

***More...***

## ***Job Announcement Continued...***

These include:

- \* Strengthening community norms, especially adult attitudes, to support alcohol-free expectations for underage youth.
  - \* Reducing alcohol availability & accessibility to youth.
  - \* Strengthening enforcement of underage drinking, furnishing, and hosting laws.
- Implementing project activities according to the latest available research and best practices.
  - Developing communication and marketing products (including public service announcements, print materials, website) using culturally competent practices.
  - Fostering community mobilization to support policy and environmental changes.
  - Writing progress reports, meeting notes, press releases, and newsletter articles.
  - Conducting routine administrative activities as needed.

The person in this position must be an energetic self-starter who has a skill base well grounded in community mobilization and substance abuse prevention. Bachelor's degree in health-related field is preferred. Exceptional writing and interpersonal communication skills and demonstrated cultural competence are essential. Must be able to use Microsoft Office suite of computer software. Experience with database software is helpful.

Hours are flexible but some evening and weekend work availability is necessary. Position is based at MCD office in Portland, although some state-wide travel is required. Salary is commensurate with education and experience.

Please send cover letter and resume by **October 26, 2006** (preferably via email) to:

Kate Perkins, Medical Care Development, Inc., 11 Parkwood Drive, Augusta, ME 04330, ph. 207-622-7566 x225, fax 207-622-3616, email: [KPerkins@mcd.org](mailto:KPerkins@mcd.org)

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### **Prescription Assistance Information Meeting**

MPHA members may be interested in attending the next prescription assistance information meeting hosted by MedHelp Maine. A non-profit dedicated to development of a statewide network of community prescription assistance programs, MedHelp Maine will bring together public health, medical service, and social work personnel at the Augusta State Armory on **Friday, October 27.**

***More...***

### ***Prescription Information Meeting Continued...***

Meeting topics will include Maine's existing prescription assistance resources, new program start-up, efficient PAP application processing using database management software, Medicare Part D changes and enrollment details for 2007, and the state's MaineCare and MaineRx Plus programs, including the DEL Medicare Wrap. An Area Agency on Aging representative will do the Medicare component, Jude Walsh of the governor's office will address the state programs, and staff from Maine's Congressional delegation will give an update on medication access issues being addressed in Washington.

For registration details, contact Martha Morrison at 283-4461.

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### **Strengthening the Essential Public Health Functions E-Learning Course**

**DURATION AND COURSE LOAD:** Three tracks of 5, 4 and 4 weeks respectively – 8 to 10 hours per week.

**DATES:** 10 January - 14 February 2007 (5 weeks) Track 2: 28 February - 28 March 2007 (4 weeks) Track 3: 11 April - 8 May 2007 (4 weeks)

**APPLICATION DEADLINE:** 15 November 2006

**PARTICIPANTS:** Technical cadres of Ministries of Health, mid-level policy makers, World Bank staff, PAHO and WHO staff, other development agency and donor agency staff and other agents of change.

**COURSE FEE:** \$750

**ORGANIZERS:** The World Bank Institute and the Pan American Health Organization

**LANGUAGE:** English only

**GENERAL COURSE CONTACT:** Jo Hindriks at [jhindriks@worldbank.org](mailto:jhindriks@worldbank.org)

**APPLY:** Please go to the online application form at:

[http://info.worldbank.org/etools/wbi\\_learning/sec/form\\_e.cfm?sched\\_id=HNP07-01-101](http://info.worldbank.org/etools/wbi_learning/sec/form_e.cfm?sched_id=HNP07-01-101)

(Make sure you copy the entire URL, starting from "http" to "HNP07-01-101")

***More...***

## ***Public Health E-Learning Course Continued...***

To ensure the relevance and quality of its content and delivery, the e-learning course has been designed and organized by leading experts in the fields of public health and distance learning. Along with these technical content experts, the course designers have ensured that the course blends technical knowledge and policy relevance with the right mix of interactivity and practical examples to stimulate the learner.

### **COURSE STRUCTURE**

The course is structured around the 11 Essential Public Health Functions as identified by PAHO and will be clustered in an introductory module and 3 tracks.

#### **Introductory Module**

##### **Track 1: Basis and Organization**

1. Health Situation Monitoring
2. Surveillance and Risk Control
3. Human Resource Development
4. Emergencies and Disasters

##### **Track 2: Strategy and Policy**

5. Policy Development
6. Regulation
7. Health Promotion
8. Research

##### **Track 3: Access and Quality**

9. Quality of Services
10. Equitable Access
11. Social Participation
12. Inter-sectoral Action for Health

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## **The Public Funding of Elections**

The PBS show NOW will be broadcasting a one-hour primetime special examining the public funding of elections. It will be aired on MPBN Sunday October 22 at 4:00 PM and **Friday October 27th** at 9:00 PM. For more information visit

<http://www.pbs.org/now/>

***More...***

### ***Public Funding of Elections Continued...***

For more information on Americans for Campaign Reform and a campaign kit visit <http://www.democracyinaction.org/dia/organizationsORG/just6dollars/orders.html>

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### **Deadline for Next MPHA E-News**

The deadline for the MPHA E-News is **Thursday, October 26th for the Friday, October 27th**. Please keep this in mind when submitting information. If you have questions about this publication, please contact Michelle Caliandro at [mcaliandro@mainelung.org](mailto:mcaliandro@mainelung.org) or 1-800-499-5864 x 103.

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