



April 27th Issue

[Table of Contents](#)

Learning Opportunities ~

- ~ [Announcing Two New Grandfamily E-Workshops](#)
- ~ [Anthem to Host 3rd Conference on Healthy Weight](#)
- ~ [Chemicals in Commerce: Using Data on High Production \(HPV\) Chemicals](#)

~ Legislative Information ~

- ~ [Legislative Update](#)

Information ~

- ~ [APHA Annual Meeting](#)
- ~ [Benefits of Antidepressants May Outweigh Risks for Kids](#)
- ~ [Call for Proposals for Unused Drug Return Conference](#)
- ~ [CDC Unveils New Web Site to Provide Better Access to Health Information](#)
- ~ [Head Start Oral Health Curricula](#)

Career Opportunities ~

- ~ [Clinician](#)

~ [Associate Director, Maine AHEC Network](#)

~ [Dentist](#)

~ [Program Coordinator for the Sadie and Harry Davis Foundation](#)

Supporting Our Members ~

~ [Southern Maine Heart Walk](#)

The **deadline** for the next MPHA Enews is **Thursday, May 3rd** for the May4th issue.

Please contact Michelle Caliandro with content or questions about this publication at mcaliandro@mainelung.org or 1-800-499-5864 x 103.

Learning Opportunities

Announcing Two New Grandfamily E-Workshops

Presented by the The University of Maine Center on Aging's Maine Rural RAPP Initiative funded through the Brookdale Relatives as Parents Program. Participants register and take part via the internet and e-mail. Each e-workshop is taught by experts on the topic, and students participate online at any convenient time during the event.

For: Grandfamily Caregivers

Topic: Raising the Children and Managing Everyone Else: An E-Conversation for Grandfamilies

Target Audience: Free and open to all grandparents raising grandchildren and other relative caregivers

Dates: Tuesday, May 29 & Wednesday, May 30

Times: Workshop from 11am- 2pm est. each day, and a live chat from 6:30-8:30 pm est. each day

Presenters: Barbara Kates, Families and Children Together; and Bonny Dodson, LCSW, Community Health and Counseling

For professionals working with grandfamilies:

Topic: Developing and Sustaining Support Groups for Grandfamilies

Target Audience: Free and open to all professionals who are starting or facilitating support groups for kinship families

Dates: Tuesday, June 26 & Wednesday, June 27

Times: 9am- 3pm est. each day

Presenters: Carol Moore, Kinship Care Consultant; Sandy Bailey, Ph.D., CFLE, Montana Grandparents Raising Grandchildren Project; Barbara Kates, Families and Children Together; and Sue Burgess, LCSW, Families and Children Together

For more information, please view the attached announcement or go to: <http://www.umaine.edu/mainecenteronaging/onlineeducation.htm>

To register, go to: <http://www.mainecenteronaging.org/moodle/>

Anthem to Host 3rd Conference on Healthy Weight

Anthem Blue Cross and Blue Shield will host the third in a series of statewide conferences spotlighting the importance of physical activity and healthy eating to achieve a healthy weight.

Titled Reversing the Tide: Creating a Healthier Maine - The Role of Communities: What we can do to promote physical activity and better nutrition for Maine's children and adults, the conference will be held at the University of Southern Maine's Abromson Community Center in Portland on Thursday, May 31 from 8:00 a.m. to 3:15 p.m.

The conference is part of Anthem Blue Cross and Blue Shield's Health Care Leadership series. The May 31 conference is being co-hosted by Let's Go! - a broad-based community initiative to promote healthy lifestyle choices for children, youth and families in the Greater Portland area

The conference will feature keynote addresses by three of the nation's leading experts on health, nutrition and fitness:

-Mark Fenton, nationally known walking and pedestrian-friendly communities expert and former host of the PBS TV series "America's Walking",

-Margo Wootan, D.Sc., Director of Nutrition Policy at the Center for Science in the Public Interest and director of CSPI's award-winning 1% Or Less campaign, a community-based nutrition promotion program and

-Christina Economos, PhD, Tufts University, New Balance Chair in Childhood Nutrition, Friedman School of Nutrition Science and Policy and founder of Shape Up Somerville: Eat Smart Play Hard.

In addition, Dr. Erik Steele, DO, Chief Medical Officer, Eastern Maine Healthcare Systems will give an opening talk on Maine's current health trends and why change is critical to our future.

Maine faces an emerging crisis that if not addressed will have a profound impact on our state and its health care system in future years. An estimated 61% of Maine adults are overweight or obese and over 36% of Maine children entering kindergarten are overweight or at risk of becoming overweight. Nationally, the prevalence of overweight children has tripled over the past two decades. Obesity is associated with increased risk for cardiovascular disease, diabetes, and certain forms of cancer, depression, discrimination and weight-related bias.

This conference will examine what communities can do to stimulate more physical activity in people's lives and as well as improving dietary choices. Discussion topics will include how to design more walkable and bicycle-friendly physical environments, programs that create healthier school and workplace settings, specific childhood obesity prevention programs, and how to engage all aspects of the community in focusing on the problem and solutions.

In addition to the keynote speakers, the conference will include five in-depth workshops examining specific programs and activities to make our communities healthier and several post-conference field trips.

Attendees at the May 31 conference will include members from the following fields: public health, health care providers, community activists, service clubs, businesses, educators, state and local government, insurers and the general public. Advance registration is required and the cost of the conference is \$30 which includes a healthy lunch. The full conference agenda and on-line registration will be available after April 19 at www.anthem.com/maine/conference . Registration closes on May 18.

Chemicals in Commerce: Using Data on High Production (HPV) Chemicals

Thursday, June 14, 2007, 9:00 - 4:00

Workshop Organizers: Northeast Waste Management Officials' Association (NEWMOA) and the U.S. Environmental Protection Agency (EPA) Headquarters Office of Pollution Prevention & Toxics

Co-Sponsor: University of Massachusetts Lowell Center for Sustainable Production (LCSP), Boston University Conference Center, Tyngsboro, MA

There are a number of exciting breakthroughs in the availability and use of hazard data on chemicals that are widely used in commerce both for consumer and industrial products. This workshop provides an opportunity for you to learn about major developments in the U.S. and in other developed countries for access to data on high production volume (HPV) chemicals. The session will cover the U.S. HPV Challenge Program, an update on the status of the REACH program in Europe, and efforts underway in Canada to prioritize chemicals for action. In addition, presenters will describe various new and interesting data use projects and initiatives, including efforts related to green chemistry. The session will include hands-on computer training on the use of the recently released, HPV Information System. The workshop will end with a discussion about possible follow-up on initiatives in the Northeast.

This session follows on a successful national conference that was held last December.

The audience for this workshop include: environmental and public health officials from all levels of government, representatives of non-governmental and community organizations, and academic and other researchers

To learn more about the workshop, view the workshop agenda, and register, go to

<http://www.newmoa.org/prevention/cwm/hpv07/registration.cfm>

Please share this notice with others in your organization/agency who might be interested in this workshop.

Please call me if you have any comments or questions regarding the upcoming Regional Chemicals in Commerce Workshop.

Terri Goldberg, NEWMOA/IMERC, 129 Portland Street, 6th floor, Boston, MA 02114,
(617) 367-8558 x302 (office), (617) 367-0449 (fax), tgoldberg@newmoa.org
<http://www.newmoa.org>

Legislative Information

Legislative Update

MPHA priority areas are:

- Fund for a Healthy Maine;
- Environmental Issues;
- Health Care Access;
- Obesity;
- Tobacco;
- Public Health Infrastructure; and
- Other - as appropriate.

Regarding Legislative activity - A full public hearing schedule is available by following this link:

<http://www.state.me.us/legis/senate/Documents/hearing/ANPHFrame.htm>

For additional legislative information:

<http://janus.state.me.us/legis/lio/>

For more information regarding MPHA's legislative priorities go to:
mpha@mcd.org

Information

APHA Annual Meeting

The APHA Annual Meeting will be held November 3-7, 2007 in Washington, DC. More information to follow.

Benefits of Antidepressants May Outweigh Risks for Kids

The benefits of antidepressant medications likely outweigh their risks to children and adolescents with major depression and anxiety disorders, according to a new comprehensive review of pediatric trials conducted between 1988 and 2006. The study, partially funded by NIMH, was published in the April 18, 2007, issue of the Journal of the American Medical Association.

See <http://www.nimh.nih.gov/press/ssri-risksbenefits.cfm>

Call for Proposals for Unused Drug Return Conference

We are announcing a call for proposals to present at The 5th Annual Maine Benzodiazepine Study Group International Conference and 4th Annual Unused Drug Return Conference, taking place on October 31 & November 1, 2007 in Portland, Maine.

This conference is designed for health care professionals, policy makers, law enforcement personnel, environmentalists, substance abuse professionals, and others concerned with the human and environmental impact of benzodiazepines and other prescription drugs.

One conference track addresses the multitude of issues surrounding the appropriate uses, misuse and alternatives to benzodiazepines, a class of medications used to treat anxiety, stress and insomnia, as well as other prescription medications. Pertinent health safety and improved medication prescribing practices will be considered as well.

A second track focuses on the environmental and social impact of unused prescription drugs stored in homes and flushed or otherwise discarded into the environment. Innovative return and disposal policy and program responses will also be illustrated.

At this time, we are accepting proposals for presentations in both conference tracks. Possible topic may include: trends in prescription use or abuse, program strategies for successful drug disposal projects, legislation and policies effecting prescription drug use and disposal, results of prescription drug return projects, and alternatives to benzodiazepines.

If you would like to participate in this exciting event, please submit a 1-page proposal of your presentation to Len Kaye by May 15, 2007 (electronic submissions only please: len.kaye@umit.maine.edu). Please include the following information:

- The title and a one paragraph description of your presentation
- Your name, degree(s), title, and organizational affiliation
- The preferred conference track of your presentation- "Prescription Use and Abuse" or "Drug Return and Disposal"
- The preferred length for your presentation. Most are 30 minutes, although 15 minute and 1 hour presentations are also acceptable.

Each individual or organization may submit more than one proposal. Applicants will be notified of a decision by June 30, 2007. (Please note that the submission of a proposal cannot guarantee its acceptance for presentation.) As a courtesy, all presenters will have their conference fee waived.

I encourage you to forward this "Call for Proposals" to your colleagues. For more information and an announcement suitable for posting, please visit <http://www.mainebenzo.org/> Please contact me at len.kaye@umit.maine.edu with any questions.

Lenard W. Kaye, D.S.W., Ph.D., Director, Center on Aging, Professor, School of Social Work, 5723 Donald P. Corbett Building, Rm 334, University of Maine, Orono, Maine 04469, telephone: 207-581-3483; fax: 207-581-4490, e-mail: len.kaye@umit.maine.edu

CDC Unveils New Web Site to Provide Better Access to Health Information

Today, Thursday, April 19, 2007, the Centers for Disease Control and Prevention (CDC) unveiled a new site designed to improve the usability and performance of www.cdc.gov. The new CDC.gov Web site provides better access to health and safety topics, data and statistics, news and events, and expanded tools and resources, as well as an improved search engine. The new Web site is user-centered, based on research, and is the product of extensive user testing of CDC's principal audiences.

CDC.gov's new features include:

- CDC Features - timely articles keep you informed on important health topics
- Health and Safety Topics - content organized for better browsing
- CDC For You - CDC resources grouped for specific audiences

- New Search Engine - relevant search results and "suggested topics"
- A-Z Index - alphabetical listing of all of CDC's online information
- Top 20 List - see what's popular on CDC.gov

- Data & Statistics - public health data, survey results, and trends
- Tools & Resources - calculators, photos, podcasts, and other helpful tools
- Publications - MMWR, EID, and other journals, newsletters, periodicals

- What's New - quick links to what's new on CDC.gov
- E-mail Updates - CDC.gov updates emailed to your inbox
- Tag Cloud - graphic representation of most requested CDC.gov topics
- Languages - improved access to translated materials for the top 10 most spoken languages in the U.S.

For more information about the new CDC.gov:

Take a [Virtual Tour](http://www.cdc.gov/vrtour.html) of the new CDC.gov site at <http://www.cdc.gov/vrtour.html>.

Head Start Oral Health Curricula

The National Head Start Oral Health Resource Center is pleased to announce the availability of Head Start Oral Health Curricula at-a-Glance.

The matrix provides information about oral-health-related curricula appropriate for use in Head Start programs. Each curriculum includes (1) goals and objectives for children's development and learning; (2) experiences or activities to meet the goals; (3) roles of staff and parents; (4) materials, space, and equipment necessary for optimal development and learning; and (5) sound child-development principles.

For each curriculum, the matrix specifies the title, audience, topics, and availability.

The matrix is available to view as a PDF file at

<http://www.mchoralhealth.org/PDFs/CurriculaMatrix.pdf>

The matrix is also available to download as an Excel file. The Excel file allows users to search and sort the information by category. The Excel file is available at

<http://www.mchoralhealth.org/PDFs/CurriculaMatrix.xls>

Career Opportunities

Mid Level Clinician, NP or PA

Seeking highly skilled mid level clinician, NP or PA, to join multi-disciplinary, primary care practice serving HIV positive patients. Must have work experience in primary care practice, and demonstrated competence and ability to practice independently. Experience and demonstrated knowledge base of STD management, including HIV/AIDS, preferred. Comfort with diverse populations, including patients with mental illness and substance abuse disorders helpful. Current licensure in Maine as an NP or PA required. This is a benefits eligible position at 22.5 hours per week. For more information contact: Edie Perkins, Program Coordinator, Positive Health Care at 874-8791. To apply: send resume and cover letter to Human Resources, City of Portland, Room 115 Portland City Hall, 389 Congress St. Portland ME 04101.

Associate Director, Maine AHEC Network

AHEC's mission is to improve the distribution, diversity, supply and quality of the health workforce in rural and underserved areas of Maine.

For more information on this position visit: www.une.edu/hr/vacancylist.asp

Interested persons should submit resume and cover letter to:

Rebecca Russell, HR Generalist, University of New England, 11 Hills Beach Road, Biddeford, ME 04005, rrussell@une.edu

UNE is an affirmative action and equal opportunity employer. We encourage people of all abilities, races, cultures, religions, and genders to apply.

Health Reach Dentist

HealthReach Community Health Centers seeks a dentist to work full time at Strong Area Dental Center. The practice is equipped with the latest dental equipment including digital radiography and chair-side computer charting. In 2006, we provided general dentistry, preventive care and oral health education to 1,100 residents of all ages. We offer competitive salary, benefits, malpractice and a welcoming environment, and are eligible for NHSC scholars and loan repayment. Contact: Provider Recruiter, HealthReach Community Health Centers, P.O. Box 1568, Waterville, Maine 04903-1568; phone: (207) 861-3466, within ME 1-800-427-1127, fax: (207) 861-5519 or HRCHC@HealthReach.org

Strong Area Health Center is part of HealthReach Community Health Centers, a non-profit organization comprised of eleven practices. We provide health and dental care in rural and underserved areas of central and western Maine. In December 2002, the state-of-the-art Strong Dental Program opened within the Strong Area Health Center. This first Dental Center within the HealthReach system offers medical and dental services with an emphasis on prevention of illness and dental disease, maintenance of good health, and patient and community education.

Strong is a town of approximately 1,300 people, however, the health center draws from a population base of over 20,000. The economy is based in forestry and forest product manufacturing. Strong is part of School Administrative District #58, which also includes Kingfield and Phillips. The

surrounding towns have their own grade and middle schools and come together in high school. Strong is 10 miles from the University of Maine at Farmington, a top ranked liberal arts school. It is ideally situated for the outdoor enthusiast. It is located about 30 minutes away from Sugarloaf Mountain, Saddleback Mountain, the Appalachian Trail and the Rangeley Lakes Region, which is known for its hundreds of miles of snowmobile trails. Winter and summer outdoor activities in the area include: hunting, fishing, water sports, skiing, ice skating, hiking, white water rafting and panning for gold. The town, a safe, friendly place to live is located in the midst of rivers, lakes and mountains.

Program Coordinator for the Sadie and Harry Davis Foundation:

"Advancing Oral Health in Maine"

Position Summary The Program Coordinator for the Sadie and Harry Davis Foundation is responsible for the development of a program to provide oral health prevention and intervention services for the 0 - 3 year-old population in Maine. The Program Coordinator will develop and provide training appropriate to support the program, and develop policies and procedures to address and attain appropriate reimbursement for the services. She/he will work with the Foundation's Oral Health Advisory Board, the Foundation's consultant, and community providers to implement and manage enhanced oral primary health care for the 0 - 3 population. Initially, this will be a ½ - ¾ time position.

Essential Functions and Primary Responsibilities

1. Coordinates implementation and ongoing operation of Phase I programming with the five partner sites.
2. Reports to the Foundations consultant and coordinates with the Foundations Oral Health Advisory Board, who are responsible for general project oversight.
3. Provides training and ongoing technical assistance to each of the sites.
4. Works with evaluation consultant to develop, implement and monitor progress of the Sadie and Harry Davis Foundations Oral Health Program goals and objectives.

5. Develops appropriate data and materials to support reimbursement for program services.
6. Maintains project within its budget and prepares timely progress reports.
7. Coordinates the development of Phase II.
8. In conjunction with the Oral Health Advisory Board and the

Foundations consultant, acts as a liaison between the professional dental community, the primary care community, WIC officials, other government officials and the general public.

Qualifications

Registered Dental Hygienist, with Certification in Community Dental Health or Bachelor of Science Degree and Public Health Experience or Master of Science in Public Health or related field.

- Experience working in public or community health settings.
- Knowledge of best practices for oral health promotion with young children.
- Demonstrated ability to function independently.
- Experience training and/or teaching people about new skills or subjects.
- Ability to work with a diversity of people in a diversity of settings.
- A passion for achieving the programs goals.

How to Apply

Applicants should submit a resume and a cover letter describing their expertise and experience in relation to the above list of qualifications. Applications should be sent to slrosen@cascopassage.com or Sharon L. Rosen, The Sadie and Harry Davis Foundation, 8 Matthews Street, Portland, ME 04103 by May 15, 2007.

Both individuals and organizations are eligible to apply for this position. Applying organizations must identify the staff person who will be designated to assume the responsibilities of the position, and submit the individuals resume and a cover letter as described above.

Supporting Our Membership

Southern Maine Heart Walk

The Southern Maine Heart Walk will be held on May 20th with a 1 or 4 mile walk starting from the USM Sullivan Gym at the USM campus. Registration begins at 8:30am with a light breakfast and opening ceremonies start at 9:00am. Subway will provide subs for walkers immediately following the walk.

This family oriented event raises funds and awareness of heart disease, stroke and heart defects and blends the benefits of physical activity, community involvement and personal giving. The non-competitive walk celebrates survivors of cardiovascular disease and dollars raised go to lifesaving research and provides education to our entire community.

To sign up go to www.SouthernMaineHeartWalk.org or call 879-5700.



*11 Parkwood Drive
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www.mcph.org/mpha/MPHAindex.html